

2026-27

PRACTICE RECORD

Practice Goal: ____ minutes for ____ days each week.

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
September																															
October																															
November																															
December																															
January																															
February																															
March																															
April																															
May																															
June																															

Great changes come from
small CONSISTENT Actions
over time...



How long can you go without missing a single day of practice? Mark the days you practice & see how long you can go!

My longest practice streak this year: ____ days



**Southern Oregon
School of Music**